**Kimberly Massale**

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[www.bravecounseling.com](http://www.bravecounseling.com)

**Summary**

Accomplished leader in the field of trauma and attachment focused mind-body-spiritual healing as well as business development coaching for psychotherapy clinicians. Owner and founder of a group practice for therapists and holistic healers. Experience includes a variety of acute and long-term settings with a vast array of diagnoses and populations. Expertise in working with women to healing from childhood wounds, self-defeating behaviors, shame and trauma. Advanced training in Sensorimotor Psychotherapy, EMDR, Art Therapy, and shame resiliency.

**Qualifications**

* Podcast season recorded
* Documentary appearance
* Social media presence
* Coaching and consultant for psychotherapy practice building
* Group practice owner and team leader
* Advanced training in psychotherapy treatment of trauma and attachment wounds
* Successfully helped many hundreds of clients heal over a 15 year span of practice
* Can communicate with team members in a variety of roles including medical and laypersons
* Business owner

**Education and Professional Certifications**

**Sensorimotor Psychotherapy Institute**

*Oct 2014 - Oct 2016, Washington DC*

Level One and Two Completed

**EMDR Basic Training**

*Mar 2016, Washington DC*

Completed Basic Training

**LPC** **Colorado**

*Sept 2016 - Present*

LPC.0013237

**LPC DC**

*Apr 2015 - Present*

#PRC14634

**LCPC Maryland**

*Mar 2012 - Present*

#LC4403

**ATR-BC**

*2012 - 2021*

#12-009

**George Washington University**

*Washington D.C., Fall 2007 – August 2009*

MA in Art Therapy and Counseling, GPA 3.8

**University of Maryland**

*College Park, MD, Spring 2002 – Spring 2006*

BA in Art Studio, GPA 3.2

**Professional Experience**

**Feminine Freedom Podcast**

*Owner and Founder*

*October 2021 - present*

Fully recorded first season of the podcast to be released in September 2023. Expert interviews and live coaching episodes

**Kim Massale Coaching LLC (www.kimmassale.com)**

*Owner and Founder*

*January 2019 – present*

Embodiment and empowerment coach supporting women in creating an abundant and aligned lifestyle, develop careers and businesses and tap into their divinity & confidence. Run group programs, manage staff coaches, develop business strategies, work 1:1 with clients, market, social media presence

**Brave Embodiment Counseling LLC (www.bravecounseling.com) Denver, CO**

*Owner and Founder*

*January 2017 – present*

Manage a group practice of therapists and holistic healers. Provide outpatient individual therapy to address trauma and attachment wounds, specialize in Sensorimotor Psychotherapy, EMDR, sandtray and Art Therapy. Run women’s mind-body-spiritual wellness events

**Women’s Circles**

*Leader of circles*

*January 2017 - 2019*

Lead women’s circles, community oriented group processing spaces for mind-body-soul healing.

**Mind Body Intuitive (www.mindbodyintuitive.com) Denver, CO**

*Independent Practitioner*

*March 2016 – January 2017*

Provide outpatient individual therapy to address trauma and attachment wounds, specialize in Sensorimotor Psychotherapy, EMDR, sandtray and Art Therapy

**Your Soul Therapy (www.yoursoultherapy.com) Washington, DC** *Associate Therapist*

*May 2015 - January 2018*

Outpatient individual therapy to address trauma and attachment wounds, specialize in Sensorimotor Psychotherapy and Art Therapy; Provide post-graduate supervision

**MSA Child and Adolescent Center Columbia, MD**

*Clinical Supervision*

*September 2015 – November 2016*

Provide post-graduate supervision for staff and practicum supervision for interns

**MSA Child and Adolescent Center Columbia, MD**

*Assistant Clinical Director*

*July 2014 – March 2016*

Assisted the Clinical Director in managing the Intensive Outpatient Program’s operations, assisted with obtaining accreditation for the agency through JCAHO; Additionally part time work as Outpatient Art Therapist for children, adolescents, young adults, and families; specialized in anxiety, trauma, adolescents, and young adults; Supervised art therapy graduate student interns and post-grads; trained new employee

**MSA Child and Adolescent Center Columbia, MD**

*Treatment Coordinator/Art Therapist*

*April 2011 – July 2014*

Case managed up to twelve families, additionally ran IOP and outpatient art therapy groups and individual sessions for children, adolescents and families

**Institute for Family Centered Services Gaithersburg, MD**

*Family Centered Specialist*

*November 2010 – April 2011*

Provided home-based counseling services to families with adolescents in Juvenile Justice System, returning from residential placement or crisis referrals from CPS

**Dominion Hospital Falls Church, VA**

*Expressive Therapist*

*August 2009 – November 2010*

Led five daily art therapy and multimodal therapy groups for children, adolescents, adults, and eating disorder clients at a private psychiatric hospital

**Springfield Hospital Center Sykesville, MD**

*Art Therapy Intern*

*October 2008 – May 2009*

Led and co-led art therapy and expressive groups for adults (80% forensic patients) on chronic and acute units of a state psychiatric hospital

**National Institutes of Health Bethesda, MD**

*Volunteer for “The Art of Healing Project”*

*June 2008 – August 2008*

Facilitated creation of tiles by patients and families, throughout NIH Clinical Center concerning their experiences at NIH to showcase the power of art in healing

**Professional Memberships and Positions**

**Teacher’s Aide**

*Denver, CO, December 2016 - October 2018*

Sensorimotor Psychotherapy Institute

**American Art Therapy Association**

*Washington, DC, July 2014 - July 2015*

Recorder for the Assembly of Chapters

**Potomac Art Therapy Association**

*Washington, DC, January 2012 – January 2014*

President, Treasurer

Organized local educational events, community involvement, CEU workshops, membership meetings, coordinated with American Art Therapy Association, ran several internet communication modalities to keep the Art Therapy community abreast of jobs, news, etc.

**American Art Therapy Association**

*Washington, DC, July 2011*

Volunteer Coordinator for National Conference, LAC

**Potomac Art Therapy Association**

*Washington, DC, January 2010 – January 2012*

President Elect, Government Affairs Chair

**American Art Therapy Association**

*Alexandria, VA, January 2008 – 2019*

Member

**NCCATA**

**National Coalition for Creative Arts Therapy Association**

*Washington, DC, March 2007*

Hill Day Advocacy

Advocated for the Creative Arts Therapies by speaking to Congressional offices

**George Washington Univ., Art Therapy Dept.**

*Alexandria, VA, September 2008 – May 2009*

Task Force President & Community Affairs Chair

**Academic Achievements**

**PATA Distinguished Service Award**

July 2011

**AATA Conference Presenter**

July 2011

Presented a Research Paper titled “Transitioning from Student to Professional Art Therapist” at the American Art Therapy Association Conference

**AATA Conference Presenter**

November 2008

Presented a Digital Poster titled “Sublimation in the Artwork of Adolescent Cutters: A Research Proposal” at the American Art Therapy Association Conference

**Nancy Schoebel Award**

November 2008

Received scholarship for excellence in writing, as a graduate student